

## Embercombe Risk Assessment

### Trust Exercises

**Description of main hazards and hazardous events:**

Falling from height. Injury to head and body. Bruising, broken bones. Fainting due to vertigo.

**Persons exposed:** Employees  Volunteers  Clients / Public   
Contractors  Vulnerable groups

**Existing controls:**

Atmosphere in room is calm and well directed.  
Participants and staff/volunteers are given a thorough introduction to the activity.  
Structures and equipment used is inspected for signs of wear.  
Crash mats are provided. First Aid kits and first aider's present.

**Are there any further controls recommended?**

No.

### Summary of Safety Advice

Trust Exercises should only take place during organised sessions.  
Inspect equipment before starting.

Other risk assessments you should read; [General Site](#)

Assessment by: Rob Kendall

Job title: Site Manager

Signed:



Date: 25<sup>th</sup> January 2013

Review date: 25<sup>th</sup> January 2014