

## Autumn Rewilding Camp - 21-24th October 2021

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<b>Thursday 21st Oct</b>	<b>Exploring Rewilding</b>
11:00-13:00	Arrival, orientation, opening circle/introductions/health and safety/why are you here?
13:00-14:00	Lunch
14:30-15:15	Embercombe explores rewilding
15:15-17:15	The story of Embercombe and its indigenous links, Q&A with Mac McCarthy, Founder of Embercombe
17.15-18.30	Chilling / settling in
18:30-19:30	Dinner
19:30-	Socialising around the fire
<b>Friday 22nd Oct</b>	<b>Connections and Agents of Change</b>
08:00-09:00	Breakfast
09:00-13:00	Practical task rewilding and regenerating the land
13:00-14:00	Lunch
14:30-17:30	Wilder Fungal Networks - connections and reliance upon wild fungal networks and how we can help regenerate them
17:30-18:30	Free time, enjoy the land, swim in the lake
18:30-19:30	Dinner
19:30-21:00	The River Otter Beavers, an illustrative talk
<b>Saturday 23rd Oct</b>	<b>Food, Regeneration and Rewilding our guts</b>
08:00-09:00	Breakfast
09:30-13:00	Regenerative farming, permaculture and rewilding - how do they fit together
13:00-14:00	Lunch
14:00-17:00	Regenerative farming, permaculture and rewilding - how do they fit together
18:30-19:30	Dinner
19:30-21:00	Submerging in the wild - a dark time storytelling experience
<b>Sunday 24th Oct</b>	<b>Intention setting and bringing the wild back home</b>
08:00-09:00	Breakfast
09:00-10:30	A Meadow-tation - being at one with the land, absorbing the camp and going within
10:30-13:00	The wool wide web, Intention setting - what (if any) changes can we make to rewild ourself or our space. Reflection on what rewilding is and means to you now
13.00- 14:00	Lunch
14:00-15:30	Sharing and reflecting closing circle
15:30	End - home time